



New Directions Family Support Group

Every Wednesday

Doors open at 6:30pm, meeting from 7:00-8:00
at The Other Side - 135 Beardsley St, Crystal Lake

All are welcome. Each week's group is focused on helping individuals that have lost family or friends to opioid overdose, and family members/spouses/friends of individuals struggling with substance use disorders. Evidence-based CRAFT method intervention strategies will be discussed, revolving format of Al-Anon, and 12-step group speakers will share their stories, and there will be time for open sharing and one-on-ones with a peer recovery support specialist. These support groups are free to the public and we encourage you to join us.

For more information, reach out through the A Way Out Hotline at (815) 347-0385.