Participating Police Departments

Algonquin	(847) 658-4531
Cary	(847) 639-2341
Crystal Lake	(815) 459-2020
Fox River Grove	(847) 639-2411
Harvard	(815) 943-4431
Hebron	(815) 648-2351
Holiday Hills	(815) 385-2828
Huntley	(847) 515-5311
Island Lake	(847) 526-2100
Johnsburg	(815) 385-6024
Lake In The Hills	(847) 658-5676
Lakemoor	(815) 385-4111
Lakewood	(815) 459-3025
Marengo	(815) 568-7231
McCullom Lake	(815) 338-2141
McHenry Co. Sheriff	(815) 334-2144
McHenry	(815) 363-2200
Prairie Grove	(815) 455-3918
Richmond	(815) 338-2144
Spring Grove	(815) 675-2596
Wonder Lake	(815) 728-0535

A Way Out Navigator

The navigator works with individuals in the program and continues to work with them even if they change their mind about treatment. Unfortunately, there are times when the right treatment is unavailable immediately due to capacity or other factors. The navigator, at New Directions Addiction Recovery Services, will work with you for community support and placement to treatment when it is available.

You can reach A Way Out Navigator at:

New Directions Addiction Recovery Services (815) 347-0385 INFO@NDARS.ORG



Patrick Kenneally State's Attorney

"You cannot fail unless you quit."

- Abraham Lincoln

McHenry County State's Attorney
2200 North Seminary Avenue
Room 150
Woodstock, IL 60098





For anyone struggling with ADDICTION, and for their families, friends and caregivers.

Are you addicted to heroin, opioids, alcohol, or other drugs?
Know someone who is?

It's time to get help.



May Out McHenry County

Here to Help Now

Drug and alcohol overdose/toxicity are the leading cause of death in Illinois. To reduce the number of overdoses and the harm being caused by substance abuse, the McHenry County Substance Abuse Coalition and the McHenry County State's Attorney's Office, are working with local police agencies, Northwestern Medicine Woodstock Hospital and the McHenry County Mental Health Board to provide immediate help to those seeking to overcome their addictions. This program will connect users to substance abuse treatment providers within hours of making contact for help.

How It Works

A Way Out - McHenry County offers substance abuse assessment 24/7 to anyone in McHenry County that wishes to seek recovery. Referral and placement for treatment are determined by assessment and based on availability. All a participant needs to do is follow these six steps:

- 1. Walk through the main doors of any participating police department.
- Tell the clerk at the front window that you want to participate in A Way Out McHenry County. If you are seeking help after open lobby hours, use the call box and talk to dispatch.
- 3. A police department representative will meet with you to begin the process, and fill out program forms. If you have any alcohol, drugs, or drug paraphernalia, the police representative will take them from you. You will not be arrested or charged for any drugs or paraphernalia that you turn over.

- 4. If the police determine you do not require immediate medical attention, you will be transported to Northwestern Medicine Woodstock Hospital for an assessment of your treatment needs. If, however, you are going through acute withdrawal or suffering a medical condition, you will be transported to the nearest hospital and the screening process will begin when you are stabilized.
- 5. Assessment of your treatment needs will include a history of your use and current medical, social and emotional issues which may impact your recovery. You may be referred to inpatient, outpatient or community based treatment options. This program uses treatment services throughout Illinois, so placement in McHenry County is not guaranteed. Family and friends are the best transportation but other options may be available. Medical transport by ambulance, if needed, is the patient's responsibility.
- 6. You will never be turned away from participation in *A Way Out McHenry County* because you lack insurance or finances. The program works with providers that can accept many different insurance plans and help those without insurance. The McHenry County Mental Health Board may also provide assistance, while funds are available, and when additional paperwork is completed.



Frequently Asked Questions

- Q: Who is not eligible to participate in A Way Out McHenry County?
- A: We do our very best to ensure that everyone who wishes to participate has the opportunity to do so. However, some exceptions are:
- Anyone under the age of 18 must have a parent or guardian's consent.
- Some agencies may not accept those who are not McHenry County residents
- Those who have an active warrant or deportation orders may not be accepted. For cases with active warrants, the police department will determine the appropriate course of action, which may include immediately serving the warrant.
- Q: How long does it take from the moment I arrive at a police station to begin treatment?
- A: Typically, 5-15 hours depending on, arrival day/time at the police agency, participant medical condition, referral to outpatient services, availability of an appropriate program, and transportation, if needed.
- Q: Will anyone know about my participation in A Way Out McHenry County?
- A: No. This program is 100% confidential.
- Q: Can my loved ones join me in the process?
- A: Yes. They may accompany you until you arrive at a treatment facility.
- 0: What treatment programs can I enter?
- A: An American Society of Addiction Medicine screening will be completed by McHenry County Crisis line. Based on the outcome, you may be placed in detox, inpatient treatment, partial hospitalization, intensive outpatient or within a peer support program. Medication assisted treatment (MAT) is also an option. A treatment location may require additional assessment to ensure proper placement. No level or specific provider of care can be guaranteed.
- Q: If I participate in A Way Out-McHenry County and relapse, can I participate again?
- A: **Yes.** Relapse or lapses in sobriety can be part of the recovery process. We do not view them as failures, only indicators that more treatment may be required. You will be working with the *A Way Out McHenry County* navigator to determine a path back to treatment.